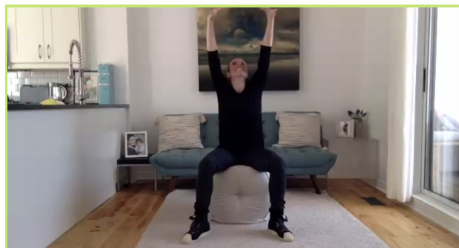


FREE DANCE CLASSES *for* ALL SENIORS!

AS
FEATURED
ON

Global
NEWS



JOIN US
7 days a
WEEK

DWP is proud to offer **FREE** live dance classes on Zoom for **ALL** seniors, seven days a week.

Dancing is a great form of exercise that provides cognitive, physical and emotional benefits.

Dance with us to stay **connected** and **engaged** while making new friends along the way!

This 20 minute class is designed to be safe, fun, and beneficial for **ALL** seniors.

All levels of mobility and ability are welcome.

No dance experience required!



11 AM
EST

CLASSES ARE MADE POSSIBLE THANKS TO THE GENEROSITY OF:



Funded by the Government of
Canada's New Horizons for
Seniors Program



FREE REGISTRATION AT WWW.DANCINGWITHPARKINSONS.COM